



## The Vojta Principle

# It's application in the early treatment of babies and in the rehabilitation of children, adolescents and adults

## Course in "Applied developmental kinesiology for babies, children, adolescents and adults with movement disorders"

### Course content:

Human ontogenesis ■ Postural reactions in their ideal and abnormal gestalt ■ Dynamics of the primitive reflexes ■ Biological basis to innate locomotion ■ Reflex locomotion: reflex creeping, reflex rolling ■ Facilitation ■ Functional anatomy, particularly in regard to locomotion ■ Muscle function differentiation ■ Movement analogies between reflex locomotion and motor ontogeny ■ Kinesiological analysis of normal and abnormal motor development ■ Assessment of the quality of movement in spontaneous motor activity ■ Reflex locomotion as a therapeutic principle ■ From pre-speech to verbal communication ■ Analysis and evaluation of the automatic postural control of the spine as the basis of goal-directed movement ■ The development of infantile cerebral palsy (ICP) ■ Epilepsy in children with ICP ■ The indications for surgery in ICP ■ Signals and behavior in human relationships ■ Opportunities and limitations in treatment using the Vojta Principle ■ Training your perception, precision of self-awareness ■ Stimulation zones, guiding points of resistance, treatment techniques ■ Interaction with the patient under the principle of attentiveness ■ Individual responsibility of the therapist and patient ■ The wide range of treatment applications, daily therapy ■ Aspects of the provision of assistive devices ■ Parent instruction

### Methodology:

Theory is practice-based and analytical

- practical exercises
- functional analysis
- demonstrations of treatment
- treatment of patients by the course participants under supervision of Vojta Instructors
- self experience

### Goal:

Theoretical foundation and practical implementation of the Vojta principle in physiotherapy practice

### Pre-requisite:

2 years clinical practice as a Physiotherapist

### Target group:

Physiotherapists and medical doctors

### Time-frame:

In total an 8 week course (A/B/C/D courses)

### Registration fee:

Euro 3,600.00 / Euro 450.00 per week (in total 8 weeks).

### Venue:

Dept. of Rehabilitation and Development (SPZ 2), DRK-Kinderklinik Siegen, 57072 Siegen, Germany

### Course leadership:

Vojta Instructors from the International Vojta Society

### Information for participants:

This training course will be carried out by the International Vojta Society (Internationale Vojta Gesellschaft – IVG e.V.)

### The following documents are required:

1. Curriculum vitae documenting your professional education
2. Current passport size photo
3. Photocopy of your state recognition as a physiotherapist or medical doctor
4. Description of current work activities
5. List of training courses you have attended and successfully completed in the last two years